



Drinkup Travel Lite

Additional Information

Important: Please read the Introduction & Fitting Instructions in conjunction with this Additional Information sheet. Keeping both for future reference.

The Drinkup Travel Lite has been developed from our Original Drinkup Hands-free Drinking System, allowing independent drinking on the move. The Original Drinkup is a patented, versatile aid, first prototyped in 1997, enabling our hospitalised Grandmother to drink autonomously. Affording her the most basic, everyday necessity whilst preventing dehydration, restoring dignity and helping faster recovery. The Original Drinkup is dedicated to her.

- An assessment is required prior to unsupervised use by children or adults.
- **Caution!** Drinkup Travel Lite must never be used without the right-angle connector &/or bite valve being fitted correctly, as this may cause an uncontrolled flow of liquid from the drinking tube, unintentional siphon, choking or asphyxiation.
- Drinkup Travel Lite must never be used with very hot or cold drinks. Allow boiling drinks to cool-off. Always check that a drink's high or low temperature is safe for the User.

Box Contents

Drinkup Travel Lite is boxed, partially assembled, along with Introduction & Fitting Instruction sheet and this Additional Information sheet. Please refer to the instructions for the full parts list. The Drinkup Travel Lite is supplied as a complete kit, including a 0.75L Drinkup bottle and a Drinkup Travel Lite Consumables Parts Pack containing: 1) Drinking Tube, 2) Right-angle Bite Valve/Drinking Tube Connector, 3) Bite Valve and, 4) Locating collar.

Unpacking & Checking

Ensure all of the items listed are removed from the packaging. If you believe anything is missing or damaged, before attempting to fit or use Drinkup Travel Lite, please contact your supplier or Adret Gibs Ltd. Double-check inside the drinking tube, right-angle connector and bite valve for any obstruction or foreign bodies. If necessary, unblock and rinse using fresh running water or use a replacement. Also check the Drinkup Bottle and lid for any foreign bodies and rinse before use.

Positioning Considerations

To avoid accidental damage and breakages, please bear in mind the existing width of your wheelchair and doorways. Do not mount the Drinkup Travel Lite in a vulnerable position on your wheelchair or powerchair frame.

The clamp assembly is not designed for repeated mounting and demounting, so please choose the position carefully.

You should decide where on the wheelchair, powerchair or bed frame you would like to position the Drinkup Travel Lite bearing in mind - The length of the flexible arm, your position in the chair or bed and how you will reach the bite valve comfortably.

Drinkup Travel Lite is easiest to use when it's set up at a similar height/level to the User's head, so the flexible arm, drinking tube and bite valve are as horizontal as possible. This arrangement will minimise the effect of gravity on the drink, making it much easier for the User to suck the drink along the drinking tube. However, if needed, gravity may be used to an advantage. Please see below 'Safe-Siphon' Mode and the 'Safe-Siphon' Mode information sheet for full details.

It may be necessary to empty the drinking tube when refilling or replacing the drinks bottle or when changing the Consumables. To do this, ensure the arm assembly, drinking tube and bite valve are above the level of the bottle and manually squeeze the bite valve. This will allow air into the bite valve, draining the drink back into the bottle.

Flexible Arm Limitations

Although the Drinkup Travel Lite incorporates a flexible metal arm, this has inherent, material limitations. Care should be taken to avoid bending the flexible arm within 50mm of each end. Also, the bending radius at any point along the flexible arm should be not be less than 50mm. i.e. gentle bends are good, whereas tight bends will damage the structure of the arm. Therefore, please consider the position of the Drinkup Travel Lite so as to avoid tight bends and excessive stresses which could damage the flexible arm or the frame clamp assembly.

Thickened Fluids

It is possible and completely safe to use thickened fluids with Drinkup Travel Lite. Due to the nature of peoples' different abilities and requirements, it's a case of careful assessment to determine the best consistency and set-up. In general, thin custard or medium syrup consistencies work well for most people, whilst thicker mixes are slower moving along the drinking tube and are harder to suck. The set-up can be adjusted so gravity assists. The 'Safe-Siphon' Mode can also be used with thickened fluids.

'Safe-Siphon' Mode

With some careful adaption to the usual positioning and fitting method, the Drinkup Travel Lite may also be used safely when it's positioned above the User's head height to allow a controlled siphon feed. This arrangement is helpful when the User has a particularly weak suck ability or is unable to suck. By aiming the flexible arm and drinking tube downwards, so the bite valve is lower than the Drinkup bottle, allows gravity to be used to an advantage. The User then only has to apply light pressure to the bite valve to control the flow. Please see the 'Safe-Siphon' Mode information sheet for full details. Extra care must be taken to assess the User's ability to control their 'on/off' bite action and therefore, the amount of drink dispensed into their mouth at any one time.

Continued overleaf

Cleaning, Hygiene & Care - To reduce the risk of infection in hospitals, care homes etc. we advise frequent cleaning of the Drinkup Travel Lite hardware and changing/disposal of the Consumables. Please follow the local protocols, training or guidance which may apply at your location.

Drinkup Travel Lite Hardware (frame clamp assembly, adaptor set, flexible arm, bottle cage, tube clips, bottle & lid)

- These parts may be cleaned with warm water & mild detergent or disposable sterilising wipes. Ensure all parts are thoroughly dried.
- The supplied Drinkup bottle/lid may also be washed in a dishwasher, top shelf only, at a maximum temperature of 55 C.
- Strong bleach or aggressive chemicals should not be used.
- Do not place the Drinkup Travel Lite, Drinkup Bottle or Consumables in any type of oven, microwave or autoclave.
- Drinkup Travel Lite hardware and Drinkup Bottle may only be utilised by another person after thorough cleaning/sterilising.

Drinkup Travel Lite Consumables Parts (drinking tube, right-angle connector, bite valve & locating collar)

When Drinkup Travel Lite is used by an individual in their own home/environment, Consumables may be reused, providing they are adequately washed and cared for. Consumables may be washed and reused for a number of days or weeks. However, the reusability largely depends on the type of drink being consumed i.e. fresh water will leave very little residue whereas fruit juice or sweet drinks will leave more residue. Long-term use of the same set of Consumables is not recommended. If in doubt of the cleanliness, do not reuse. The food grade PVC drinking tube may discolour and appear 'cloudy' after use, although this is not harmful.

- The Drinking tube may be washed by hand in warm water & mild detergent. Sterilising solution may also be used. A tube cleaning brush is available to help clean inside the drinking tube. Thoroughly rinse, drain & drip-dry.
- The right-angle connector and bite valve may also be washed by hand but care must be taken not to damage the bite valve's opening slit/valve faces.
- Consumables must not be washed in a dishwasher, as this is not effective for internal cleaning.
- Never share Consumables between different Users.

General Use & Care Information

- Keep Drinkup Travel Lite and Consumables away from all sources of heat, flame and smoker's materials.
- For transportation or long-term storage we recommend keeping the original packaging safely out of sight and reach of babies and young children. Otherwise, please recycle or dispose of packaging in a responsible manner.
- Drinkup Travel Lite must not be used in conjunction with any other product or accessory, other than those supplied by or specifically approved by Adret Gibs Ltd.
- Only use Original Drinkup Travel Lite Consumables.
- Do not use Original Drinkup Travel Lite Consumables in conjunction with any other product or for any other purpose.

Effective Post Market Surveillance

In compliance with EC Medical Devices Directive 93/42/EEC - Your supplier will retain your contact details and/or the contact details of your healthcare service provider, in case we, Adret Gibs Ltd., need to inform you/them of product safety recall or essential corrective action. Adret Gibs Ltd. is registered with the Information Commissioner's Office (ICO) and retains all personal information in accordance with the Data Protection Act.



EC Declaration of Conformity

We, Adret Gibs Limited, declare that the *Drinkup Travel Lite/Drinkup Hands-free Drinking System* has been classified as class 1 in accordance with Annex IX and meets the essential requirements and provisions which apply to it as defined in Annex VII of: **EC Medical Devices Directive 93/42/EEC** and the National Laws and Regulations adopting this directive and other relevant directives.

Medical Device description: Drinking Aid. Type: Drinkup & Consumables Parts Pack. Harmonised standards applied (including parts/clauses of): BS EN 12182: 1999 Technical aids for disabled persons – General requirements and test methods.

Signed by Mr. C. Adams, Managing Director, Adret Gibs Limited, 23rd April 2007

The Technical File for this product is held by the manufacturer and may be inspected by arrangement. By first contacting Adret Gibs Ltd. at the following address: Adret Gibs Limited, McLellan Harris & Co., Waterloo Chambers, 19 Waterloo Street, Glasgow G2 6AY, UK. Or, Email: office@drinkup.uk.com, Web: www.drinkup.uk.com

