

Priming & Using the Drinkup / Drinkup Travel Lite

Very Important: The Drinkup / Drinkup Travel Lite should not be used in 'normal' or 'Safe-Siphon' modes by unsupervised children or adults prior to assessment by a suitably qualified practitioner. Extra care must be taken to assess the User's ability to control their 'bite' and 'release' actions and therefore, the amount of drink dispensed by gravity into their mouth.

If a person has difficulty coordinating biting, lip seal and sucking actions, has a weak 'suck ability' or is completely unable to suck, the Drinkup and the Drinkup Travel Lite may be used in the 'Safe-Siphon' mode, whereby taking advantage of gravity. The following notes explain how to set this up, using the genuine CamelBak, dark blue silicone, single-part bite valve (as supplied by Adret Gibs Ltd. since January 2010). This priming and drinking method must not be used in conjunction with counterfeit or 'copy' CamelBak bite valves or any other type of bite valve.

Due to the extremely low volume required, it is not viable to produce the syringe adaptors by machine, using precision tooling. Therefore, they are made one-at-a-time, formed in a hand-made mould, from room temperature vulcanising (RTV) silicone. They may not be pretty, but they are functional and serve a purpose!

Instructions

- 1) Set-up the Drinkup as described in the Quick Start Guide and User Manual, with the jug/vessel filled with the chosen drink. Position the Drinkup on a clean, dry, flat surface above the User's head height or attach to the Mabilia floor stand. **Very Important: Never use the Drinkup without the supplied CamelBak bite valve correctly fitted i.e. the drinking tube must be inserted 15mm into the bite valve stem and the slit in the bite valve must be vertical to the User's mouth.**
- 2) If you intend using the 'Safe-Siphon' mode with the **Drinkup Travel Lite** attached to a wheelchair/powerchair – The chair frame is unlikely to extend above the User's head height sufficiently to allow the correct set-up and gravity feed. Therefore, a proprietary or custom-made post/mount may be needed, onto which the Drinkup Travel Lite can be fitted at the correct level above head height.
- 3) Adjust the arm so the bite valve is lower than the bottom of the jug/vessel. Make sure the slit in the bite valve is vertical to the User's mouth.
- 4) Fully insert the bite valve into the syringe adaptor.
- 5) Squeeze the 'flats' of the syringe adaptor, in turn applying pressure to the bite valve inside (this simulates the bite action, lip seal and opening the bite valve).
- 6) Use an absorbent paper towel to soak up any drips/spills and with a single, steady movement, draw the syringe plunger until the drink flows through the drinking tube and starts filling the syringe.
- 7) As soon as the drinking tube is full and free from any trapped air, stop squeezing and remove the syringe adaptor from the bite valve. The slit in the bite valve will now be closed and will prevent accidental siphon.
- 8) Make any adjustments required so the User can reach the bite valve comfortably and has a safe drinking position. The User simply bites gently onto the bite valve to start a controlled siphon. The flow stops as soon as the bite is released, allowing the bite valve to close.

After use, the syringe adaptor and the plunger should be removed from the syringe body. The black flexible washer/seal should also be removed from the plunger. All parts should be washed in mild detergent/warm water, dried and reassembled for reuse. It may be necessary to lubricate the washer/seal with petroleum jelly/Vaseline.

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